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Raleigh Neurology Associates, P.A. Introduces *Wellness at Raleigh Neurology*

Wellness offers a comfortable, personalized fitness experience for the Triangle community

Raleigh, N.C. (December 21, 2010) – Raleigh Neurology Associates is pleased to announce the Grand Opening of *Wellness at Raleigh Neurology* on Monday, January 3, 2011. *Wellness at Raleigh Neurology* is a state-of-the-art fitness and wellness center designed specifically for people in the greater Raleigh community who desire an upscale health club experience with a personalized touch.



Wellness at Raleigh Neurology is a place where adults can feel comfortable and at ease while maintaining a fitness regimen that meets their individual needs. With certified physical therapists on-site, a state-of-the-art Kinesis wall, and a la carte options such as personal training sessions and wellness coaching, there is something for everyone.

Under the leadership of Danny Maresca, General Manager, Personal Trainer & Wellness Coach, *Wellness at Raleigh Neurology* strives to be different from the average gym. “What sets us apart from other health clubs,” says Maresca, “is that we are able to provide services that go the extra step to help our members reach their health and fitness goals. From our in-depth, scientifically based assessments and exercise program designs to our unique wellness programs, you won’t find this level of attention at your typical gym.”

Adds Maresca, “We believe it’s not how much time you spend working out, but how effective your time is spent while working out. We created *Wellness at Raleigh Neurology* to help our members get the most out of their day, both physically and functionally.”

Every member who joins *Wellness at Raleigh Neurology* will receive a book that will guide them on how to eat, move and be healthy. *Wellness at Raleigh Neurology* welcomes you to stop by for a tour of the facility and to take advantage of our current promotion.

Wellness at Raleigh Neurology is located at 1520 Sunday Drive, Raleigh, NC 27607.

For more information about *Wellness at Raleigh Neurology*, call us at (919) 325- 4278, or visit our website at: www.raleighneurology.com.

About Raleigh Neurology Associates:

Founded in 1983 by Dr. Keith L. Hull, Jr. and Dr. S. Mitchell Freedman, Raleigh Neurology Associates is now one of the largest neurology practices in the southeast. Raleigh Neurology Associates has grown in its 27 year history to a thriving neurology practice with two convenient locations throughout the Triangle, providing comprehensive neurological care for over 250,000 people in our community. While the practice's increasing size enables Raleigh Neurology Associates to offer highly-skilled specialists in many different neurological areas, it strives to maintain the same personal patient/physician relationship standards on which the practice was founded.

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